

WINTER 2026

Recreational Programs

- ✓ **2018-2019 Best of BC Awards Club Winner**
- ✓ **Academy Setting for Optimal Learning**
- ✓ **Highly Qualified NCCP Certified Coaches**
- ✓ **Taraflex Sports Flooring with best safety and performance standard**

Pre-Shuttle (*Ages 5-7)

13 weeks	FRI	January 9 – April 24	4-5:30PM	\$296 + GST
	SUN	January 4 – April 12	11AM-12:30PM	\$296 + GST

Shuttle 1 (*Ages 8-12)

13 weeks	TUES	January 6 – April 14	4-6PM	\$390 + GST
	WED	January 7 – April 15	4-6PM	\$390 + GST
	FRI	January 9 – April 24	4-6PM	\$390 + GST
	FRI	January 9 – April 24	6-8PM	\$390 + GST
	SAT	January 10 – April 25	5-7PM	\$390 + GST
	SUN	January 4 – April 12	11AM-1PM	\$390 + GST
	SUN	January 4 – April 12	3-5PM	\$390 + GST

Shuttle 2 (*Ages 13-18)

13 weeks	TUES	January 6 – April 14	4-6PM	\$390 + GST
	TUES	January 6 – April 14	6-8PM	\$390 + GST
	WED	January 7 – April 15	4-6PM	\$390 + GST
	FRI	January 9 – April 24	4-6PM	\$390 + GST
	FRI	January 9 – April 24	6-8PM	\$390 + GST
	SAT	January 10 – April 25	5-7PM	\$390 + GST
	SUN	January 4 – April 12	11AM-1PM	\$390 + GST
	SUN	January 4 – April 12	3-5PM	\$390 + GST

Shuttle 3 (*Ages 15-18)

13 weeks	TUES	January 6 – April 14	6-8PM	\$416 + GST
	SAT	January 10 – April 25	3-5PM	\$416 + GST
	SUN	January 4 – April 12	1-3PM	\$416 + GST

Adult (19+)

13 weeks	SUN	January 4 – April 12	1-3PM	\$416 + GST
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*Age is a guideline only, as coaches will assess player's skills for an appropriate program