



SHUTTLESport

SUMMER 2025

Class Schedule

8 Weeks of Training							
Week #	SUN	MON	TUES	WED	THURS	FRI	SAT
1	6-Jul	7-Jul	8-Jul	2-Jul	3-Jul	4-Jul	5-Jul
2	13-Jul	14-Jul	15-Jul	9-Jul	10-Jul	11-Jul	12-Jul
3	20-Jul	21-Jul	22-Jul	16-Jul	17-Jul	18-Jul	19-Jul
4	27-Jul	28-Jul	29-Jul	23-Jul	24-Jul	25-Jul	26-Jul
5	3-Aug	11-Aug	5-Aug	30-Jul	31-Jul	1-Aug	2-Aug
6	10-Aug	18-Aug	12-Aug	6-Aug	7-Aug	8-Aug	9-Aug
7	17-Aug	25-Aug	19-Aug	13-Aug	14-Aug	15-Aug	16-Aug
8	24-Aug	27-Aug* 28 Aug**	26-Aug	20-Aug	21-Aug	22-Aug	23-Aug
NO CLASS	4-Aug	* 1C 6-8pm (Wednesday) ** 2C 4-6pm (Thursday) ** 3C 6-8pm (Thursday)					

CLUB CLOSURES

August 4: BC Day

Shuttle Hosting Tournaments:

Ability
is what you are capable of doing.

Motivation
determines what you do.

Attitude
determines how well you do it

If You *Believe* 
in Yourself
Anything is Possible