



# WINTER 2023

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standard

## Competitive Programs

*By Invitation Only & Must Be Approved by Performance Director \*\* NO EXCEPTIONS \* (\*Age is guideline only)*

### Pre-1C (\*Ages 7-12): Tues & Sun OR Fri & Sun

<b>13</b> weeks	SUN	Jan 8 – Apr 23 (no class Jan 29, Mar 12 & 19)	9-11AM	\$702 + GST
	TUES	Jan 10 – Apr 18 (no class Mar 14 & 21)	4-6PM	
	FRI	Jan 6 – Apr 28 (no class Mar 10, 17, 24 & Apr 7)	6-8PM	

### Shuttle 1C (\*Ages 8-12)

<b>13</b> weeks	MON	Jan 9 – Apr 24 (no class Feb 20, Mar 13 & 20)	4-6PM	\$975 + GST
	WED	Jan 11 – Apr 19 (no class Mar 15 & 22)	6-8PM	
	SAT	Jan 7 – Apr 29 (no class Jan 28, Mar 11, 18 and 25)	1-3PM	

### Shuttle 2C (\*Ages 13-18)

<b>13</b> weeks	MON	Jan 9 – Apr 24 (no class Feb 20, Mar 13 & 20)	6-8PM	\$975 + GST
	THURS	Jan 12 – Apr 20 (Mar 16 & 23)	4-6PM	
	SAT	Jan 7 – Apr 29 (no class Jan 28, Mar 11, 18 and 25)	9-11AM	

### Shuttle 3C (\*Age 15+)

<b>13</b> weeks	MON	Jan 9 – Apr 24 (no class Feb 20, Mar 13 & 20)	8-10PM	\$975 + GST
	THURS	Jan 12 – Apr 20 (Mar 16 & 23)	6-8PM	
	SAT	Jan 7 – Apr 29 (no class Jan 28, Mar 11, 18 and 25)	11AM-1PM	

### Shuttle 4 DOUBLES SPECIALIZATION: 2 Days + League

*(Prerequisite: Passed PHASE 2 of SH3 & participate in ALL 4 Rising Stars Tournaments, club tournaments AND Adult League and/or special invites) Price includes Adult Doubles League*

<b>13</b> weeks	TUES	Jan 10 – Apr 18 (no class Mar 14 & 21)	6-8PM	\$757 + GST
	SAT	Jan 7 – Apr 29 (no class Jan 28, Mar 11, 18 and 25)	3-5PM	

### Senior Elite: Day 4 of Training

<b>10</b> weeks	SUN	Jan 8 – Apr 23 (no class Jan 29, Mar 12 & 19)	7-9AM	\$180 + GST
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**NOTE:** Senior Elite schedule shows as 10 weeks only as players are generally away for 3 sessions due to tournaments.