



# FALL 2023 Program

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standards

## Pre-Shuttle (Ages 5-7)

<b>13</b> weeks	FRI	Sept 15 – Dec 8 <i>(no class Dec 15)</i>	4-5:30PM	\$282 + GST
	SUN	Sept 10 – Dec 10 <i>(no class Oct 15 &amp; Dec 17)</i>	11AM-12:30PM	\$282 + GST

## Shuttle 1 (Ages 8-12)

<b>13</b> weeks	TUES	Sept 12 – Dec 12 <i>(no class Oct 31)</i>	4-6PM	\$377 + GST
	WED	Sept 13 – Dec 6	4-6PM	\$377 + GST
	FRI	Sept 15 – Dec 8 <i>(no class Dec 15)</i>	4-6PM	\$377 + GST
	SAT	Sept 9 – Dec 9 <i>(no class Oct 14 &amp; Dec 16)</i>	5-7PM	\$377 + GST
	SUN	Sept 10 – Dec 10 <i>(no class Oct 15 &amp; Dec 17)</i>	11AM-1PM	\$377 + GST

## Shuttle 2 (Ages 13-18)

<b>13</b> weeks	TUES	Sept 12 – Dec 12 <i>(no class Oct 31)</i>	4-6PM	\$377 + GST
	TUES	Sept 12 – Dec 12 <i>(no class Oct 31)</i>	6-8PM	\$377 + GST
	WED	Sept 13 – Dec 6	4-6PM	\$377 + GST
	FRI	Sept 15 – Dec 8 <i>(no class Dec 15)</i>	4-6PM	\$377 + GST
	FRI	Sept 15 – Dec 8 <i>(no class Dec 15)</i>	6-8PM	\$377 + GST
	SAT	Sept 9 – Dec 9 <i>(no class Oct 14 &amp; Dec 16)</i>	5-7PM	\$377 + GST
	SUN	Sept 10 – Dec 10 <i>(no class Oct 15 &amp; Dec 17)</i>	11AM-1PM	\$377 + GST

## Shuttle 3 (Ages 15-18)

<b>13</b> weeks	TUES	Sept 12 – Dec 12 <i>(no class Oct 31)</i>	6-8PM	\$390 + GST
	SAT	Sept 9 – Dec 9 <i>(no class Oct 14 &amp; Dec 16)</i>	3-5PM	\$390 + GST
	SUN	Sept 10 – Dec 10 <i>(no class Oct 15 &amp; Dec 17)</i>	1-3PM	\$390 + GST

## Adult (19+)

<b>13</b> weeks	WED	Sept 13 – Dec 6	12:30-2:30PM	\$390 + GST
	SUN	Sept 10 – Dec 10 <i>(no class Oct 15 &amp; Dec 17)</i>	1-3PM	\$390 + GST

Age is a guideline only as coaches will assess appropriate level.