



WINTER 2026

Class Schedule

13 Weeks of Training							
Week #	SUN	MON	TUES	WED	THURS	FRI	SAT
1	4-Jan	5-Jan	6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
2	11-Jan	12-Jan	13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
3	18-Jan	19-Jan	20-Jan	21-Jan	22-Jan	23-Jan	31-Jan
4	1-Feb	26-Jan	27-Jan	28-Jan	29-Jan	30-Jan	7-Feb
5	8-Feb	2-Feb	3-Feb	4-Feb	5-Feb	6-Feb	14-Feb
6	15-Feb	9-Feb	10-Feb	11-Feb	12-Feb	13-Feb	21-Feb
7	22-Feb	23-Feb	17-Feb	18-Feb	19-Feb	20-Feb	28-Feb
8	1-Mar	2-Mar	24-Feb	25-Feb	26-Feb	27-Feb	7-Mar
9	8-Mar	9-Mar	3-Mar	4-Mar	5-Mar	6-Mar	28-Mar
10	29-Mar	30-Mar	10-Mar	11-Mar	12-Mar	3-Apr	4-Apr
11	5-Apr	6-Apr	31-Mar	1-Apr	2-Apr	10-Apr	11-Apr
12	12-Apr	13-Apr	7-Apr	8-Apr	9-Apr	17-Apr	18-Apr
13	19-Apr	20-Apr	14-Apr	15-Apr	16-Apr	24-Apr	25-Apr
NO CLASS	25-Jan	16-Feb				13-Mar	24-Jan
	15-Mar	16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	14-Mar
	22-Mar	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	21-Mar
						3-Apr	

Public Holidays

- * Feb 16: Family Day
- * Mar 16-27 Spring Break (NO CLASSES)
- * Mar 16-20 Spring Break Camp
- * Mar 23-27 Spring Break Camp
- * Apr 3: Good Friday (**Classes ON**)
- * Apr 6: Easter Monday (**Classes ON**)

Shuttlesport Hosting Tournaments

- * Jan 24-25 - Rising Stars # 3
- * Mar 13-15 - Rising Stars # 4 (BC A Ranking)

Ability
is what you are capable of doing.
Motivation
determines what you do.
Attitude
determines how well you do it

If You *Believe* 
in Yourself
Anything is Possible