



- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and Performance standards

FALL 2026

Recreational Programs

*Age is a guideline only, as coaches will assess player's skills for an appropriate program

Pre-Shuttle (*Ages 5-7)

13 weeks	FRI	September 11 – December 4	4-5:30PM	\$312 + GST
	SUN	September 13 – December 13	11AM-12:30PM	\$312 + GST

Shuttle 1 (*Ages 8-12)

13 weeks	TUES	September 8 – December 1	4-6PM	\$416 + GST
	WED	September 9 – December 16	4-6PM	\$416 + GST
	FRI	September 11 – December 4	4-6PM	\$416 + GST
	FRI	September 11 – December 4	6-8PM	\$416 + GST
	SAT	September 12 – December 19	5-7PM	\$416 + GST
	SUN	September 13 – December 13	11AM-1PM	\$416 + GST
	SUN	September 13 – December 13	3-5PM	\$416 + GST

Shuttle 2 (*Ages 13-18)

13 weeks	TUES	September 8 – December 1	4-6PM	\$416 + GST
	TUES	September 8 – December 1	6-8PM	\$416 + GST
	WED	September 9 – December 16	4-6PM	\$416 + GST
	FRI	September 11 – December 4	4-6PM	\$416 + GST
	FRI	September 11 – December 4	6-8PM	\$416 + GST
	SAT	September 12 – December 19	5-7PM	\$416 + GST
	SUN	September 13 – December 13	11AM-1PM	\$416 + GST
	SUN	September 13 – December 13	3-5PM	\$416 + GST

Shuttle 3 (*Ages 15-18)

13 weeks	TUES	September 8 – December 1	6-8PM	\$442 + GST
	SAT	September 12 – December 19	3-5PM	\$442 + GST
	SUN	September 13 – December 13	1-3PM	\$442 + GST

Adult (19+)

13 weeks	SAT	September 12 – December 19	3-5PM	\$442 + GST
	SUN	September 13 – December 13	1-3PM	\$442 + GST