



SUMMER 2023

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standards

Competitive Programs

By Invitation Only & Must Be

Approved by Performance Director ** NO EXCEPTIONS **

*(*Age is guideline only)*

Pre-1C (*Ages 7-12)

8 weeks	TUES	July 4 – August 22	4-6PM	\$472 + GST
	FRI	July 7 – August 25	6-8PM	

Shuttle 1C (*Ages 8-12)

8 weeks	MON	July 3 – August 28 <i>(no class August 7)</i>	4-6PM	\$684 + GST
	WED	July 5 – August 23	6-8PM	
	SAT	July 8 – August 26	1-3PM	

Shuttle 2C (*Ages 13-18)

8 weeks	MON	July 3 – August 28 <i>(no class August 7)</i>	6-8PM	\$684 + GST
	THURS	July 6 – August 24	4-6PM	
	SAT	July 8 – August 26	9-11AM	

Shuttle 3C (*Age 15+)

8 weeks	MON	July 3 – August 28 <i>(no class August 7)</i>	8-10PM	\$684 + GST
	THURS	July 6 – August 24	6-8PM	
	SAT	July 8 – August 26	11AM-1PM	

Shuttle 4 DOUBLES SPECIALIZATION: 2 Days

(Prerequisite: Passed PHASE 2 of SH3 & participate in year-end club tournament)

8 weeks	TUES	July 4 – August 22	6-8PM	\$472 + GST
	SAT	July 8 – August 26	3-5PM	

Senior Elite: Day 4 of Training

8 weeks	SUN	July 9 – August 27	9-11AM	\$164 + GST
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