



# SUMMER 2025

## Recreational Programs

- ✓ *2018-2019 Best of BC Awards Club Winner*
- ✓ *Academy Setting for Optimal Learning*
- ✓ *Highly Qualified NCCP Certified Coaches*
- ✓ *Taraflex Sports Flooring with best safety and performance standard*

### Pre-Shuttle (\*Ages 5-7)

<b>8 weeks</b>	FRI	July 4 – August 22	4-5:30PM	\$182 + GST
	SUN	July 6 – August 24	11AM-12:30PM	\$182 + GST

### Shuttle 1 (\*Ages 8-12)

<b>8 weeks</b>	TUES	July 8 – August 26	4-6PM	\$240 + GST
	WED	July 2 – August 20	4-6PM	\$240 + GST
	FRI	July 4 – August 22	4-6PM	\$240 + GST
	FRI	July 4 – August 22	6-8PM	\$240 + GST
	SAT	July 5 – August 23	5-7PM	\$240 + GST
	SUN	July 6 – August 24	11AM-1PM	\$240 + GST

### Shuttle 2 (\*Ages 13-18)

<b>8 weeks</b>	TUES	July 8 – August 26	4-6PM	\$240 + GST
	TUES	July 8 – August 26	6-8PM	\$240 + GST
	WED	July 2 – August 20	4-6PM	\$240 + GST
	FRI	July 4 – August 22	4-6PM	\$240 + GST
	FRI	July 4 – August 22	6-8PM	\$240 + GST
	SAT	July 5 – August 23	5-7PM	\$240 + GST
	SUN	July 6 – August 24	11AM-1PM	\$240 + GST
	SUN	July 6 – August 24	1-3PM	\$240 + GST

### Shuttle 3 (\*Ages 15-18)

<b>8 weeks</b>	TUES	July 8 – August 26	6-8PM	\$256 + GST
	SAT	July 5 – August 23	3-5PM	\$256 + GST
	SUN	July 6 – August 24	1-3PM	\$256 + GST

### Adult (19+)

<b>8 weeks</b>	SUN	July 6 – August 24	1-3PM	\$256 + GST
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Age is a guideline only, as coaches will assess player's skills for an appropriate program