



- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and Performance standards

SUMMER 2026

Recreational Programs

*Age is a guideline only, as coaches will assess player's skills for an appropriate program

Pre-Shuttle (*Ages 5-7)

8 weeks	FRI	July 10 – August 28	4-5:30PM	\$192 + GST
	SUN	July 12 – August 30	11AM-12:30PM	\$192 + GST

Shuttle 1 (*Ages 8-12)

8 weeks	TUES	July 7 – August 25	4-6PM	\$256 + GST
	WED	July 8 – August 26	4-6PM	\$256 + GST
	FRI	July 10 – August 28	4-6PM	\$256 + GST
	FRI	July 10 – August 28	6-8PM	\$256 + GST
	SAT	July 11 – August 29	5-7PM	\$256 + GST
	SUN	July 12 – August 30	11AM-1PM	\$256 + GST

Shuttle 2 (*Ages 13-18)

8 weeks	TUES	July 7 – August 25	4-6PM	\$256 + GST
	TUES	July 7 – August 25	6-8PM	\$256 + GST
	WED	July 8 – August 26	4-6PM	\$256 + GST
	FRI	July 10 – August 28	4-6PM	\$256 + GST
	FRI	July 10 – August 28	6-8PM	\$256 + GST
	SAT	July 11 – August 29	5-7PM	\$256 + GST
	SUN	July 12 – August 30	11AM-1PM	\$256 + GST

Shuttle 3 (*Ages 15-18)

8 weeks	TUES	July 7 – August 25	6-8PM	\$272 + GST
	SAT	July 11 – August 29	3-5PM	\$272 + GST
	SUN	July 12 – August 30	1-3PM	\$272 + GST

Adult (19+)

8 weeks	SAT	July 11 – August 29	3-5PM	\$272 + GST
	SUN	July 12 – August 30	1-3PM	\$272 + GST