



WINTER 2024 Programs

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standards

Pre-Shuttle (*Ages 5-7)

13 weeks	FRI	Jan 12 – April 26 (no class Mar 22 & Mar 29)	4-5:30PM	\$282 + GST
	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	11AM-12:30PM	\$282 + GST

Shuttle 1 (*Ages 8-12)

13 weeks	TUES	Jan 9 – Apr 16 (no class Mar 19 & Mar 26)	4-6PM	\$377 + GST
	WED	Jan 10 – April 24 (no class Mar 20 & Mar 27)	4-6PM	\$377 + GST
	FRI	Jan 12 – April 26 (no class Mar 22 & Mar 29)	4-6PM	\$377 + GST
	FRI	Jan 12 – April 26 (no class Mar 22 & Mar 29)	6-8PM	\$377 + GST
	SAT	Jan 6 – April 20 (no class Jan 27, Mar 23, Mar 30 & Apr 27)	5-7PM	\$377 + GST
	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	11AM-1PM	\$377 + GST
	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	3-5PM	\$377 + GST

Shuttle 2 (*Ages 13-18)

13 weeks	TUES	Jan 9 – Apr 16 (no class Mar 19 & Mar 26)	4-6PM	\$377 + GST
	TUES	Jan 9 – Apr 16 (no class Mar 19 & Mar 26)	6-8PM	\$377 + GST
	WED	Jan 10 – April 24 (no class Mar 20 & Mar 27)	4-6PM	\$377 + GST
	FRI	Jan 12 – April 26 (no class Mar 22 & Mar 29)	4-6PM	\$377 + GST
	FRI	Jan 12 – April 26 (no class Mar 22 & Mar 29)	6-8PM	\$377 + GST
	SAT	Jan 6 – April 20 (no class Jan 27, Mar 23, Mar 30 & Apr 27)	5-7PM	\$377 + GST
	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	11AM-1PM	\$377 + GST
	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	3-5PM	\$377 + GST

Shuttle 3 (*Ages 15-18)

13 weeks	TUES	Jan 9 – Apr 16 (no class Mar 19 & Mar 26)	6-8PM	\$390 + GST
	SAT	Jan 6 – April 20 (no class Jan 27, Mar 23, Mar 30 & Apr 27)	3-5PM	\$390 + GST
	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	1-3PM	\$390 + GST

Adult (19+)

13 weeks	SUN	Jan 7 – April 21 (no class Jan 28, Mar 24 & Mar 31)	1-3PM	\$390 + GST
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Age is a guideline only, as coaches will assess player's skills for an appropriate program