



SPRING 2023 Programs

- ✓ 2018-2019 Best of BC Awards Club Winner
- ✓ Academy Setting for Optimal Learning
- ✓ Highly Qualified NCCP Certified Coaches
- ✓ Taraflex Sports Flooring with best safety and performance standards

(*Age is guideline only as coaches will assess appropriate level)

Pre-Shuttle (*Ages 5-7)

8 weeks	FRI	May 5 – June 30 (no class June 23)	4-5:30PM	\$168 + GST
	SUN	April 30 – June 18 (no class June 25)	11AM-12:30PM	\$168 + GST

Shuttle 1 (*Ages 8-12)

8 weeks	TUES	May 2 – June 27 (no class June 20)	4-6PM	\$224 + GST
	WED	May 3 – June 28 (no class June 21)	4-6PM	\$224 + GST
	FRI	May 5 – June 30 (no class June 23)	4-6PM	\$224 + GST
	FRI	May 5 – June 30 (no class June 23)	6-8PM	\$224 + GST
	SAT	May 6 – June 24	5-7PM	\$224 + GST
	SUN	April 30 – June 18 (no class June 25)	11AM-1PM	\$224 + GST

Shuttle 2 (*Ages 13-18)

8 weeks	TUES	May 2 – June 27 (no class June 20)	4-6PM	\$224 + GST
	TUES	May 2 – June 27 (no class June 20)	6-8PM	\$224 + GST
	WED	May 3 – June 28 (no class June 21)	4-6PM	\$224 + GST
	FRI	May 5 – June 30 (no class June 23)	4-6PM	\$224 + GST
	FRI	May 5 – June 30 (no class June 23)	6-8PM	\$224 + GST
	SAT	May 6 – June 24	5-7PM	\$224 + GST
	SUN	April 30 – June 18 (no class June 25)	11AM-1PM	\$224 + GST

Shuttle 3 (*Ages 15-18)

8 weeks	TUES	May 2 – June 27 (no class June 20)	6-8PM	\$232 + GST
	SAT	May 6 – June 24	3-5PM	\$232 + GST
	SUN	April 30 – June 18 (no class June 25)	1-3PM	\$232 + GST

Adult (19+) Intermediate & Beginner

8 weeks	SUN	April 30 – June 18 (no class June 25)	1-3PM	\$232 + GST
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